

**Professor Helena Teede MBBS FRACP PhD.**

Prof Teede is an Endocrinologist, the Director of Research at The Jean Hailes Foundation for Women's Health, Head of Diabetes at Southern Health and holds a professorial chair in Women's Health at Monash University. Helena completed her MBBS in 1989, a research fellowship in Canada in 1994, physician training in 1997 and a PhD in 2001. Her research interests focus on the cardiovascular hormonal interaction including the effects of, estrogens, phytoestrogens and insulin resistant syndromes, (polycystic ovary syndrome and diabetes). She is on the Board of the Monash University Centre for Vascular Health and currently leads a team of multidisciplinary researchers including 7 postdocs and 10 PhD students. She runs the Diabetes unit at Southern Health encompassing 5 acute hospital sites and community health centres. Helena also has a strong interest in improvements in service provision, development of new models of care, education of health professional and community.