

Dr Yajnik studied at BJ Medical College, Pune, India and as a post doctoral at the Sheikh Rashid Diabetes Unit in Oxford, UK. He has established a center of excellence in diabetes care and research at the King Edward Memorial Hospital, Pune which specializes in clinical care, patient education and research in causes of diabetes in India. He is interested in the causes and management of diabetes and insulin resistance syndrome in Indians and supervises number of prospective studies investigating the possible role of intrauterine factors and life style factors in the diabetes epidemic in India. He is well known for his description of the ‘thin-fat’ Indian and the possible role of maternal micronutrient nutrition in its aetiology.

He is a founder member and Vice president of SNEHA(Society for Natal Effects on Health in Adults)India, chaired the subcommittee of the International Union of Nutritional Sciences on the developmental origins of adult disease (DOHaD), and is a member of the scientific advisory committee to the International Council on DOHaD. He was a member of the United Nation University’s Steering Committee to develop a strategic 10-year action plan for capacity building in nutritional research in the region. He is a member of various task forces constituted by DBT (Dept of Biotechnology, Govt of India) on ‘Biotechnological Approaches for Food and Nutrition Security’, ‘Chronic Disease Biology’ etc. He is an experienced teacher and PhD supervisor of biomedical, basic science and medicine disciplines in Pune University. He is a recipient of honorary FRCP, and recently appointed as an Honorary Visiting Professor at Peninsula Medical School, University of Plymouth, UK, and the University of California, Irvine.